

THE COMPLETE BAR MITZVAH PACKAGE



Maon Noam Khakhan Centre

910 Rutherford Rd.

Maple, Ontario L6A 1S2

289-304-9492/416-996-0411

www.maonnoam.ca

Dear Bar Mitzvah Boy,

MAZAL TOV

Mazal Tov! You are about to reach a most significant stage in your life. It is the turning point which a mere boy is suddenly transformed into a Jewish adult. Some Bar Mitzvah boys expect to wake up feeling different on the morning of their Bar Mitzvah. They run to the mirror to see if any sign of physical change is shown, or start talking to themselves to check if their voice cracks. But the change that happens on the Bar Mitzvah day is much more subtle than that. The maturity reached at age 13 is a spiritual maturity.

At "Bar Mitzvah", suddenly another voice is heard – the voice of your soul. The needs, yearnings and feelings of your spiritual inner self are allowed to emerge. You begin to seek meaning, fulfillment, connection, inspiration. Before reaching 13, your character was one-sided and shallow; only the body had a say. Now you meet a side of your personality that you never knew existed – a deeper side – your G-dly soul. This is what makes you an adult in spiritual terms. As an adult you also have the choice – to continue to live superficially or to develop your true spiritual awareness.

Here at Maon Noam we are delighted to guide and help you through your spiritual journey and make your Bar Mitzvah a beautiful and unforgettable milestone. By preparing and learning together prior to your Bar Mitzvah, your celebration will be a joyous event that you will fondly look back on for the rest of your life.

It is my hope and prayer that this ceremony, which will bring you to a deep recognition and appreciation of your very special role as a proud Jewish man and a true faithful soldier in G-d's army.

Please feel comfortable to ask me about further information or any concerns you may have.

Sincerely yours,

Rabbi Yisroel Fridman

416-996-0411 / rabbifridman@maonnoam.ca

BAR MITZVAH CLUB SCHEDULE

In order to personalize and prepare you appropriately for your special day – THE BAR MITZVAH CLUB program gives you a chance to have training with the Rabbi. During this weekly club time, you will meet with the Rabbi, learn about Judaism, and practice the Hebrew aleph bet, which will enable you to read your Torah portion. You will also be taught to don Tefillin.

If you are unable to attend a class, please be considerate and notify me.

Phone: 416-996-0411 or email: rabbifridman@maonnoam.ca

PLEASE CHOOSE YOUR MOST CONVENIENT TIME AND DAY.

DAY OF WEEK	TIME	LOCATION
SUNDAY	2:00PM	15 TORRESDALE AVE.
TUESDAY	7:00PM	910 RUTHERFORD RD.
WEDNESDAY	7:00PM	910 RUTHERFORD RD.

Homework. As with any other studies, homework is critical to acquiring proficiency and ensuring that you be successful in reading the Torah portion at your Bar Mitzvah. As a result, during the period of individual instruction, it is important that you devote a minimum of 20 minutes per day at home to studying “trop”. Most of the reinforcement of skills and learning of Torah readings occurs during these home-study sessions. To ensure your success, I encourage you to take this responsibility seriously, and to study regularly and conscientiously.

Study Materials. Maon Noam provides materials that assist the child in his studies. These include: a Chumash and personal recording of the specific portion that could be read.

CHOOSING THE DATE

The Bar Mitzvah ceremony is scheduled on the day of the Jewish birthday or the following day/s when the Torah is read. I will be glad to help you determine the date. The Bar Mitzvah boy can read from the Torah on the following days: Mondays, Thursdays, and Shabbat, and also on Jewish holidays such as Rosh Chodesh, Passover, Shavous, Sukkot, etc.

Monday and Thursday

Prayer services must consist of 10 Jewish men over the age of 13. Our services begin at 6:45am - 7:30am. If you are able to arrange your own "Minyan" (10 Jewish men) then we will be happy to arrange a time that is most convenient for you.

Shabbat/Jewish Holidays

If a Bar Mitzvah ceremony is conducted on Shabbat and Jewish Holidays, these conditions apply:

- All attendees must walk to the synagogue (driving is prohibited)
- No photographer/ videographer is to be used
- Anything you need to bring to the service must be brought prior to the start of Shabbat and/or Holiday. This includes, flowers, candies, yarmulkes, and anything needed for the service

Please note: The prayer services are traditional. Men and women sit separately with the traditional Mechitza (divider). Prayer books are in Hebrew, with English and Russian translations.

WHAT TO BRING TO THE SYNAGOGUE

- ✓ **TEFILLIN** – In addition to the day of the Bar Mitzvah ceremony, every Jewish boy is expected to own and don Tefillin every weekday morning. Some have a custom to begin putting on Tefillin a few weeks before the Bar Mitzvah. This can be marked by a special breakfast at a morning “Shacharit” Minyan at Maon Noam.
- ✓ **ATTIRE** – It is appropriate that all participants should be dressed modestly.
- ✓ **“KOSHER” CANDY** –After the Bar Mitzvah boy is called up to the Torah and the father of the Bar Mitzvah boy recites the blessing, sweet candies are thrown ON the Bar Mitzvah Boy. Just like candies are sweet, so too we hope that now, the Bar Mitzvah boy will continue to grow in a sweet way and embrace the sweet Torah as part of his life.
Please note: Soft candies are preferable – so that no one should get hurt when it is thrown down.
- ✓ **L’CHAIM... ETC.** Please see “Kosher food policy” for specifics of what to bring and how to celebrate.

THE BAR MITZVAH PROCESSION

- ❖ Bar Mitzvah boy and all men don Tefillin
- ❖ Morning prayers begin
- ❖ Torah is taken out of the Ark
- ❖ Bar Mitzvah boy reads the Torah
- ❖ Aliya is called...
- ❖ Bar Mitzvah boy gets Aliya... after the reading and he completes his blessing...
- ❖ Candies are thrown and Joys of “Mazal Tov!” are heard...
- ❖ More Aliyas to the Torah are called out...
- ❖ Torah is put in ark
- ❖ Prayers are continued
- ❖ Bar Mitzvah boy or family should share some words of Torah

Aliyah Blessings and Instructions

When it is time for the blessing, the reader will show where the Torah reading begins and ends. Touch the beginning and end of the Torah reading with the corner of your *Tallit* (or the Torah's sash) and kiss it. Close the Torah, hold both handles, turn the head slightly to the right and say:

Blessing before the reading of the Torah

בְּרַכּוּ אֶת יְיָ הַמְּבֹרָךְ:

Transliteration:

Bor'chu es ado-noy ha-m'voroch.

Translation:

Bless the L-rd who is blessed.

Oleh and congregation say:

בְּרוּךְ יְיָ הַמְּבֹרָךְ לְעוֹלָם וָעֶד:

Transliteration:

Boruch ado-noy ha-m'voroch l'olom vo-ed.

Translation:

Blessed be the L-rd who is blessed for all eternity.

Oleh continues:

בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר בָּחַר בְּנוּ
מִכָּל הָעַמִּים, וְנָתַן לָנוּ אֶת תּוֹרָתוֹ. בְּרוּךְ
אַתָּה יְיָ נוֹתֵן הַתּוֹרָה:

Transliteration:

Boruch atoh ado-noy elo-haynu melech ho-olom, asher bochar bonu mikol ho-amim, v'nosan lonu es toroso.

Boruch atoh ado-noy, nosayn ha-toroh.

Translation:

Blessed are You, L-rd our G-d, King of the universe, who has chosen us from among all the nations and given us His Torah. Blessed are You L-rd, who gives the Torah.

During the *Aliyah*, hold the right handle of the Torah, and read quietly along with the Reader.

At the conclusion of the *Aliyah* touch the end and beginning of the Torah reading with the corner of your *Tallit* (or the Torah's sash) and kiss it. Close the Torah, hold both handles, turn the head slightly to the right and say:

Blessing after the reading of the Torah

בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר נָתַן לָנוּ
תּוֹרַת אֱמֶת, וְחַיֵּי עוֹלָם נִשְׂע בְּתוֹכֵנוּ. בְּרוּךְ
אַתָּה יְיָ נוֹתֵן הַתּוֹרָה:

Transliteration:

Boruch atoh ado-noy elo-haynu melech ho-olom, asher nosan lonu toras emes, v'cha-yay olom nota b'sochaynu.
Boruch atoh ado-noy , nosayn ha-toroh.

Translation:

Blessed are You, L-rd our G-d, King of the universe, who has given us the Torah of truth and planted eternal life within us. Blessed are You L-rd, who gives the Torah.

After the *Aliyah*, stand on the right side of the podium until the end of the following *Aliyah* (if it was the last *Aliyah* -- until the Torah is raised). When returning to your seat do not use the shortest route. (In some synagogues it is the custom that the person receiving the *Aliyah* (the *Oleh*) wears a *Tallit*, even if he normally would not.)

FOR FATHER ONLY

A father customarily says this blessing at his *aliyah* during his son's bar mitzvah: **Baruch sh'ptarani m'onsho shel zeh. "Blessed is He who free me from the penalties due to this one."** Until a son reaches his bar mitzvah, his father is obligated to educate his son to do *mitzvot*. A father thanks G-d for being given the opportunity to fulfill the mitzvah of educating his son through childhood. This privilege carries a burden of blame for his son's misdeeds. After the Bar Mitzvah, each is responsible for his own deeds.

FACILITY

Our unique and beautiful sanctuary has a capacity of 150. It is important that you notify me in advance of the anticipated attendance for the services so the proper amount of seating can be prepared. Up to 8 round tables can be accommodated comfortably for a Kiddush/Reception after services in the social hall.

KOSHER FOOD POLICY

The Bar Mitzvah reception is an integral part of the religious ceremony and the laws of Kashrut must be observed.

All food served in the synagogue must be strictly kosher. No food, No used dishes or tablecloths may be provided by private individuals or prepared in private homes. Food that is Parve or Meat can be prepared in the synagogue kitchen under the Rabbis supervision.

Food's Kosher restrictions:

Winery should be "Mevushal"

Meat products must be "Glatt Kosher" & "Lubavitch shchita".

Milk products must be Cholov Yisroel.

Baked goods must be Pas/Pat Yisroel

Cut vegetables and fruits need a kosher symbol – or you can bring them whole and cut it at the synagogue.

There are a few good choices of stores that have a wide kosher selection of goods and Kosher caterers that will prepare a wonderful reception according to your budget and cuisine that you prefer.

Please consider the following when planning your reception:

- ✓ A speech from the Bar Mitzvah boy and relatives containing Torah thoughts is appreciated.
- ✓ Plastic or foam disposable plates, cups, napkins and cutlery or from a kosher rental company.
- ✓ Tablecloths should be new (plastic may be used) or from a rental company.
- ✓ Serving dishes should be new or from a kosher rental company.
- ✓ If decorations are being hung, use masking tape that doesn't leave a mark on the wall.

Phone Numbers of stores and caterers we would recommend you to check out:

Simcha wine (wine and alcohol) 905 - 761 - 9022

My Zaidy's Bakery 905 - 763 - 6463 or 905 - 832 - 4800

Elite Salads (parve, dairy, & meat ready-made breakfast platters...) 905 - 771 - 9356
www.elitesalads.com

Tov - li pizza (Dairy breakfast platters, wraps platters and other dairy salads)

Taam Tov Fine foods (fresh, delicious catering - all types of stuff)- 416 - 785 - 7079

Kosher Affair Catering 905 - 265 - 8100 Ex.24

No Frills (Rutherford Rd.& Dufferin) kosher milk, dairy products, great priced cutlery etc.

Sobeys at Clark & Hilda (cakes, drinks, and a big kosher selection of products)

Kindly Support our Supporters when thinking about the "extras"

GSR Studio Inc.(Quality Photography & Videographer) 905 - 417 - 2211

AMCO (Brand name outlet - Jewish gift store too) 905 - 707 - 9799 www.amco-store.com

THE BAR MITZVAH MEMENTO

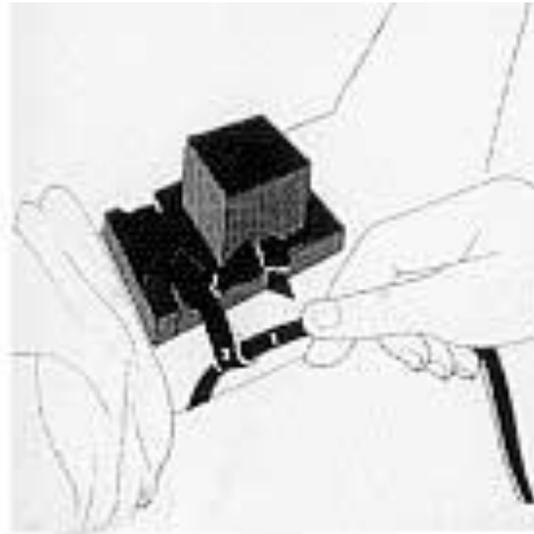
Make this an unforgettable milestone!

We encourage every family member to express their gratitude to for this special occasion. We suggest some ways in which you can contribute and leave a long lasting memory of the Bar Mitzvah.

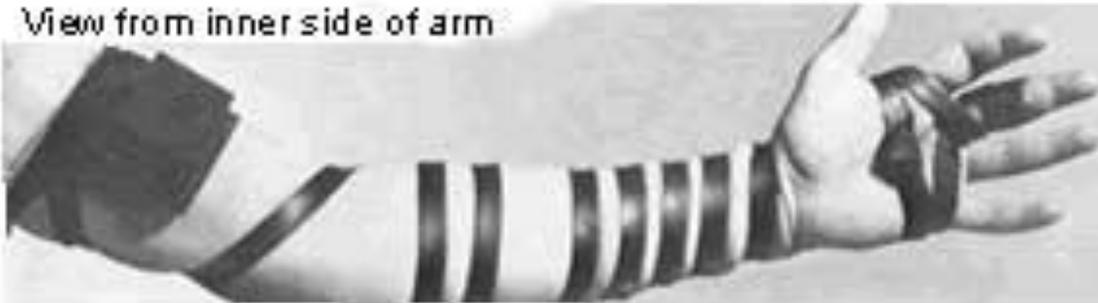
- ✓ **Take upon yourself to keep one new Mitzvah**
- ✓ **Boys over age of 13 - lay Tefillin every weekday.**
- ✓ **Attend Shabbat Service.**
- ✓ **Attend weekday morning prayer service (Sunday 8:30 / Monday and Thursday 6:45 - 7:30)**
- ✓ **Volunteer your time for Maon Noam community service.**
- ✓ **Attend a class or a social Maon Noam event at least once a month.**
- ✓ **For just \$25, you can donate a Prayer book, Machzor for the High Holidays, a Torah book or a Tehillim.**

Right : Placement of hand tefillin on inner part of bicept, opposite the heart

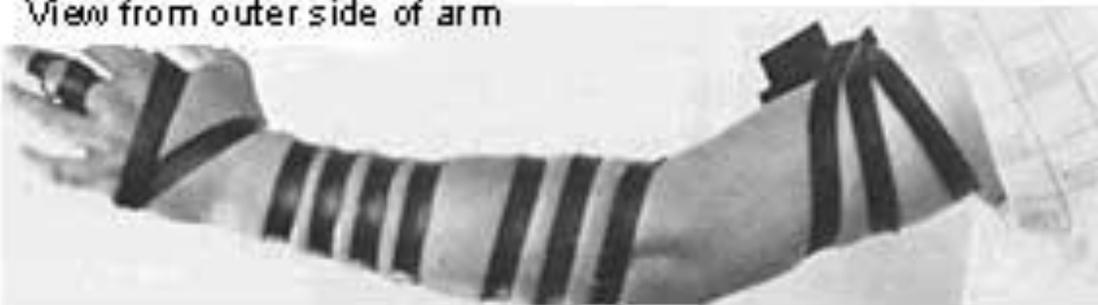
Below: Wrapping of hand tefillin strap around arm and hand



View from inner side of arm



View from outer side of arm





BAR MITZVAH REGISTRATION FORM



Student's Information: Last Name _____ First Name _____

Jewish Name _____ Jewish Birthday (M/D/Y) _____

Date of Birth (M/D/Y) _____ School presently attending _____

Home phone # _____ cell phone # _____ E-mail _____

Complete mailing address _____

Hobbies, talents and interests _____

Parents' Information Father's first Name _____ E-mail _____

Work or Cell # _____ Occupation _____

Jewish status: Cohen Levi Yisroel Convert Marital Status: Married Single Divorced

Mother's first Name _____ E-mail _____

Work or Cell # _____ Occupation _____

Jewish status: Cohen Levi Yisroel Convert Marital Status: Married Single Divorced

Children: First Name _____ Age _____ Birthday(D/M/Y) _____

School attending _____ Female Male

First Name _____ Age _____ Birthday(D/M/Y) _____

School attending _____ Female Male

First Name _____ Age _____ Birthday(D/M/Y) _____

School attending _____ Female Male

Yes! Please add me to your Data Base so that I will be informed about the programs, events and other Maon Noam services.

Yes! Please keep me updated with Maon Noam's Teen Camp for this upcoming summer☺